



# Del Norte County 2024 Community Health Assessment Key Takeaways



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full report

The Del Norte County Community Health Assessment (CHA) is an overview of the health landscape of the county. Below is a snapshot of key health challenges and community input. For more details, check the full report. Feel free to share your thoughts by emailing [PubHCHE@co.del-norte.ca.us](mailto:PubHCHE@co.del-norte.ca.us).

## About Del Norte County



**40%**

of households include at least one person aged 65 years or older.



**39.3%**

of the population are people of color.



**12th**

most rural and remote county in California.

## Challenges to Address:



Drug overdose deaths rose

**167%**

from 2021 to 2022. This is likely due to the area's opioid crisis and synthetic opioids like **fentanyl**.



Disability rates are more than

**2x**

the state rate for people 18-34 years old.



A Del Norte family with two full-time working parents and two kids spends about **23%** of their income on healthcare, nearly double the state average.

## Our Community Says:



**77%**

said that drug and alcohol use was a leading health concern.



**56%**

said emotional and mental health is one of the biggest health struggles.



**43%**

said dental care is one of the most important health challenges.



## Challenges to Address:



Del Norte County is the **least healthy county** in all of rural California.



The county's domestic violence rate is nearly **12 times** the state average. That is over **4 times** that of rural California.



12% of the homeless population is **under 18 years old**.



Healthcare access is limited with additional barriers like **travel time and provider shortages**.



**50%** have experienced domestic violence.



**58%** said that there is lack of affordable housing.

## Strengths and Positives



The county's **resiliency** demonstrates the community's ability to work together and adapt in times of crisis.



**52%** said parks and recreation are key to their quality of life.

Del Norte County has many outdoor resources, like hiking trails, fishing spots, and beaches, that help people stay healthy and feel well.

### Other community resources:

- Del Norte CalFresh Healthy Living
- Pacific Pantry (onsite and mobile)
- WIC (Women, Infants & Children)
- Resilient DNaTL (Del Norte and Tribal Lands)
- United Indian Health Services
- Tobacco Free Del Norte
- First 5 Oral Health
- Klamath Promise Neighborhood
- Family Resource Center
- Connect Del Norte

By using these resources and working together, the community has the ability to improve the well-being of all of its residents and create a healthier, more welcoming environment for future generations.

